

# THE TIMES

## SIBAU'S FIRST STUDENTS ORIENTED NEWSPAPER WELCOME TO THE SPRING SEMESTER 2023

### THE TEAM

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Prof. Dr. Syed Mir Muhammad Shah

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### Word From The Vice Chancellor



My Dear Students:

We all should play our part in fulfilling the vision of imparting Quality Education across the board. The future belongs to those who believe in STEAM (Science, Technology, Engineering, Art and Mathematics). Therefore, we all will have to strive to develop a conducive environment in which coming generations may thrive in these fields.

Professor  
Dr. Syed Mir Muhammad Shah



To provide the emerging talent of the university a platform where they can portray their soft skills and enhance their ability to thrive in the modern age.



Dearest Peers,

We are really glad to welcome you aboard in this breezy and flowery January. The campus will be abuzz and blossoming as soon as you all arrive here.

We have all strived hard to realize this dream of every student at the university: A students oriented Newspaper. Now that you have your hands on it, let us make it even better and bigger.

### PROPOSERS OF THE NAME

The name **The SIBAU Times** was chosen after a rigorous poll, resulting in four students proposing the name that the newspaper now has. Here are the names of the winners:

1. Ms. Mahnoor Naich (BEd. VII)
2. Syed Irfan (BSCS VIII)
3. Muhammad Hassan (BBA-VI)
4. Ahsan Awan (AM FINANCIAL AID)

A special mention goes to the original proposers of the Idea behind launching this newspaper,

**Mr. Attique Shah and  
Ms. Dua'a Maryam**, our Alumni.

Felicitation and Kudos to them!



Dear SIBAIANS:

We hope you are doing great with your studies. We have created this platform for you to flex your innovative muscles. We encourage you to come forward and make the most of this, now. Keep shining!

We thank you all for your innumerable entries for its first edition. Please keep writing to us. And don't forget to send your feedback at newspaper@iba-suk.edu.pk. Send your entries via the google form shared on students domain.

Let us all make this new year full of joy, enthusiasm, and positive energy. We wish you all the best!

THE SIBAU TIMES STUDENTS  
EDITORIAL BOARD

### INSIDE THIS ISSUE

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WORD  
FROM  
THE  
LIBRARY

Books are a treasure that transform a novice into a man who is full of wisdom. My advice for all the students is very simple: Make books your friend, and they will give you the world!

Chief Librarian



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# STUDENTS' WRITE-UPS

## A FARMER'S SON WILL BECOME ANYTHING HE DREAMS OF

(BY RAMZAN PANHWAR)  
BBA IV

**M**y School was 20km away from our village. When I was in class KG, Aba (my father) used to give 100 rupees per month along with 1 glass of 'Lassi' on a daily basis to a bus driver so that he would drop me off at school. While I would spend my whole day studying, he spent his day laboring under the scorching heat of the sun to support me in my education. On the other hand, I was afraid of education, I was afraid of the walls of school and I was afraid of those teachers' sticks, so I spent my time somewhere in cinemas, hotels and, sometimes, at school. Finally, I passed my primary education and my father decided that I should move to the city for secondary education. Then I got admission in TCF School. Here, it was a day when my real journey towards education started. TCF Engro campus is a school where I met with new people, teachers, and mentors who encouraged me throughout my matriculation and finally, ALHAMDULILLAH, I got an 'A' grade because of my consistent hard work and commitment.

Later on I decided to go to Ranipur for my FSC, but unfortunately, I couldn't adjust myself there and I came back after wasting a huge amount of money in a day. Being a member of a conservative family, many villagers suggested to my father that he pull me out of school and put me to work so that I could take some burden off his shoulders. "What is the use of sending him to school? A farmer's son will become a farmer



Receiving position award in NFPH School

anyway". But my father disregarded their comments and encouraged me to focus all my attention and energy on studies. When I realized that I wasn't doing what my parents actually wanted, I started crying. My father came to me and kissed me on my forehead and said "Beta, don't be dismayed, I'm always here to support you". Again, I left my home and transferred to Pano Aqil for my intermediate. In 2021, I cleared my FSC and appeared in IBA Karachi's entry test. It was my dream university. Unfortunately, I couldn't get my place there, but later on in the same year, I topped in the Sukkur IBA entrance test. When I received my fee Chalan I got shocked, because, being a son of a farmer, it was very difficult for my father to afford that big amount. And I'm very thankful to TCF. Once again, it has stepped into my life and made my life easy. Although I faced many hurdles and odds throughout my journey, I believed in myself and the day is not far away when my father will be proud of me.

### REPORT ON A PANEL DISCUSSION

Report by: Ms. Tanwil Ayaz (Executive MACS)  
Topic: Talent Acquisition and Talent Management: Anomalies and Solution  
Moderator: Dr. Sarwar M. Azhar  
Panelists

- Dr. Naveda Kichlew
- Dr. Syed Aun-R. Rizvi
- Prof. Dr. Arabella Bhutto
- Prof. Dr. Irfan Ahmed Rind
- Prof. Dr. Tahir Mehmod Chaudhry

This panel discussion was held on the 1<sup>st</sup> day of the International Conference of Business, Economics and Education Management (ICBEEM 2022) at Sukkur IBA University which was hosted by Dr. Sarwar Azhar who placed some issues in front of the panelists related to institutes and education system.

Dr. Zahid Hussain Khand, former Registrar of Sukkur IBA University declared that 75% of Sukkur IBA University Graduates are getting jobs within 3 months of their graduation, but now the university has targeted that, 80% of graduates will be getting jobs, 10% will be going for higher education and the remaining 10% will be going for entrepreneurship.

The panelists shared their views that there is a big role of universities to make their graduates fit for the organizations. What the Universities teach and what the organizations require are needs to be aligned. Universities need to focus on skills development. They are just testing the memory of the students, not their knowledge and skills.

The panelists suggested that there should be counseling and particular programs which provide skills, and practical knowledge to the students. And there should be bridge between academia and organizations. University should connect their student to those who will be going to hire them in the future. It was a thorough learning experience.



## PHOTOGRAPHS OF THE MONTH



HIRA NAIMATULLAH (BEd)



SOHAIL KUMAR MENGHWAR (BEd)



SALWA MEHAK (BUSINESS ADMINISTRATION)



SHEERAZ AHMED ABDUL HANNAN



SAYED MUNEEB SHAH



KHAN MOHAMMAD SHAFI MUHAMMAD





# WORDS FROM THE PROS

## IS HAYA GENDERED ?

By: Kamran Akhtar Siddiqi  
(Lecturer English)

Haya (Modesty) is something that is given a great importance in Islam. But the question is whether Islam has introduced and reserved all modesty for women. Are men exempted? And more importantly, is haya (modesty) gendered? A little study of the relevant and the most authentic books- Quran and Hadith- reveals that haya is not gendered because Islam puts equal stress upon men and women to be modest in their dress, conversation and interaction.

The Prophet (peace be upon him) passed by a man who was admonishing his brother regarding Haya' and was saying, "You are very shy, and I am afraid that might harm you." On that, Allah's Messenger (peace be upon him) said, "Leave him, for Haya' is (a part) of Faith."

Sahih al-Bukhari 6118

Since modesty is multifaceted, it is practised in various ways, for example, through one's dressing. Islam gives great importance to dressing of both males and females. The Holy Quran says,

"O children of Adam (which includes both males and female), we have bestowed upon you clothing to cover your private parts and as adornment. But the clothing of righteousness - that is best. That is from the signs of Allah that perhaps they will take heed" (7:26).

What is extremely significant about this verse is the use of the word 'children'. The verse uses this word (of common gender) to refer to all males and females born of Adam and Eve.

Modesty is not just related to one's dressing, but it also encompasses the communication one has in general. In fact, one who does ill speech is destined to hell. Messenger of Allah (SAW) said, Modesty is a part of faith, and faith will be in paradise. Vulgarity in speech is a part of harshness, and harshness will be in hell. Sunan Ibn-Majah, vol 5, book 37, 4184

In this case, there is no mention that only women or only men will go to hell if they misuse their ability of speech. The hadith is general and hence applicable to any human who embraces Islam.

Summing up, it is stated that haya (modesty) is not gendered. This has been declared a part of faith. Quranic teachings and the sayings of Prophet are very clear that haya must be practised by both males and females in their dressing, conversation and interaction. And those who follow these teachings will be rewarded in the hereafter.

## DEALING WITH DEPRESSION!

By: Irum Sheikh (CSS Coordinator)

Some months ago, I started suffering from horrible fatigue. I tried to examine every possible cause. I went down the checklist of possibilities from too much inactivity to upping my morning caffeine intake to trying to get more sleep every night. Still, the fatigue persisted. By mid-afternoon, I could barely keep my eyes open, no matter how much caffeine I drank upon waking. Every day, I found myself unable to sleep, but too fatigued to function. My little respites in bed did little to help the fatigue.

I would inevitably have to get up and continue doing grown-up things like cooking dinner, working, and studying. I felt like a zombie from the Walking Dead, endlessly roaming the house in a stupor; attracted to food & loud things that might help keep me awake. I didn't have any changes in my routine at all. I was considering talking to my primary care doctor about chronic fatigue syndrome because I could not come up with any reasonable explanation for this sudden onset of fatigue.

I could not believe that I had been looking at every cause except my own brain. I was used to believe that symptoms of mental illness are fairly obvious:

changes in mood, suicidal ideation, panic attacks, or insomnia.

I talked to my psychiatrist. I got on medication to control my anxiety. Suddenly I could do more than I had been able to do for months. I held off on an anti-depressant, as being bipolar, my depressions were not long-lasting. However, my fatigue returned after a couple of months with improved productivity.

The fatigue has not left yet. I have learned, however, that some things like exercise and meditation can help me get my brain back on track so I can continue doing all the things that I need to do. If it was not for my friend, I doubt I ever would have realized that my fatigue was a symptom of my mental illnesses, and yet it makes so much sense. If your brain is spending all day fighting itself, what time does it have to accomplish the goals you have in place?

Here is the advice: if you're struggling with intense fatigue, consider your mental health and see if you can find a solution that works for you, be that medication or therapy, or yoga. Once I prevented my mental illnesses from running the show, my fatigue seriously improved and I was like a whole new person. No single treatment works for everyone, but if you find yourself in bed for half the day or more, I recommend taking action. You never know what you might accomplish if you do!



My words may have failed  
My eyes may have bewitched  
But my heart never had  
Forgot your presence in it!

Mudasar Hyder



## CALLIGRAPHY / PAINTINGS OF THE MONTH



HUMA HASSAN (BEd)



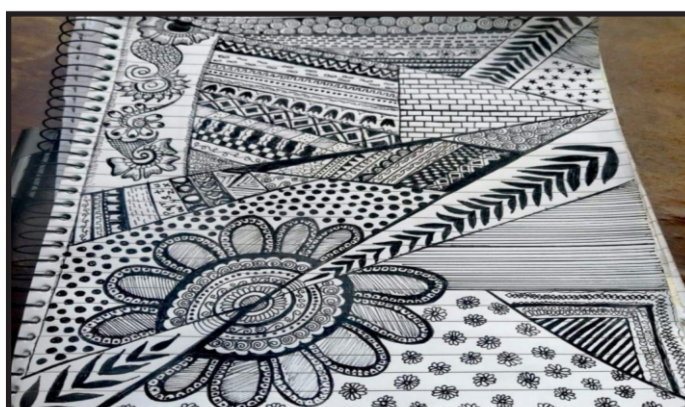
ZAINAB TAUQEER (BSCS)



ALEEMA KHAN (BBA)



RITIKA DHANWANI MANOHAR LAL



SHAHZADI LARAIB DAUDPOTA (BBA)

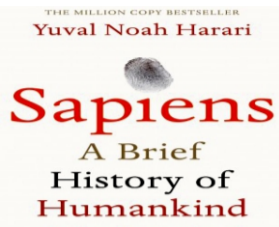


NOOR U NISA (BEd)



# STUDENTS' WRITE-UPS

## BOOK/DRAMA REVIEWS



By: Khalil Ahmed S/o Allah Dad

Where did humans come from? What is the purpose of life? Why humans are the most intelligent creatures? All these are questions asked by humans throughout history. Very few dared to answer and few among them answered logically and through scientific research. One among them is Israeli historian 'Yuval Noah Harari'.

Harari's book 'Sapiens: A Brief History of Humankind' thoroughly discusses the past of humanity from the beginning of history about 70,000 years ago. The era between 70,000 years ago till 12,000 years ago is called the Cognitive revolution. During that period humans were endowed with intelligence through evolution.

Around 12,000 years ago Agricultural revolution kicked off, unifying human beings. From then on, humans started settling in villages, and empires and abandoning the life of a forager. Finally, around 500 years ago, the Industrial Revolution brought a more significant change to the world than ever before. That transformed life of humans who were used to living in a group of no more than 100 individuals, to a global village.

This book is full of remarkable claims which make us realize our ignorance. According to Harari, around 100,000 years ago, the earth was inhabited by at least six human species. Now there is only one, Homo sapiens (us). He discusses in detail the possible reason for the extinction of these human species. In addition, humans with the ability to speak and form imagined realities such as fiction, started creating myths such as nations, and economies that brought humanity closer to each other.

In conclusion, the book discusses the major events that happened in the world. Another significance of this book is that it is completely researched based which makes it more reliable than other books written on history. If I were to give a rating to this book, it would be 10/10.

## STORIES

### SUCCESS STORY OF ERASMUS + SCHOLARSHIP

(By: Syed Muhammad Ahmed)

My journey at Sukkur IBA University is diverse and full of memories. During the degree program, I received the Erasmus+ scholarship, fully funded by European Union, to spend an exchange semester at La Sapienza Universita' di Roma, Italy. Sukkur IBA University was the one of the three universities in Pakistan who had membership with Erasmus+ for this program.

My entire journey was full of inter-cultural learnings. I interacted with other international students including European residents to learn and share cultures. The life of Erasmus has its own essence; they organized special events and gatherings for enhancing inter-cultural learnings of students. I spent a period of six months at the capital of Italy and studied some of my courses in Italian environment. It was an honor to feel that the infrastructure of my home university is made to compete with global universities.

I am wishing the more students win Erasmus scholarships to explore the world beyond books, Ciao!

## POETRY

By: Muhammad Sahir  
(BS Mathematics)

Have time to work. It's value of success.

Have time to think. It's faculty of mind.

Have time to read. It's foundation of wisdom.

Have time to dream big. It's as though you bind your cart to a star that travels you round the whole universe.

Have time to keep friendship. It's a way to pleasure.

Have time to play. It's a secret of being young.

Have time to love and to be loved. It's honor.

Have time to smile. It's tranquility of soul.

Have time to laugh. It's as though saying 'good bye' to sorrows and worries.

Have time to become happy and make others happy. It's true sensation of life.

دل کو تیسری ہر طرح کی بے دلی اچھی لگی  
تیسرے درپہ کی گئی ہر نوکری اچھی لگی

پہلے پہلے تو تری یادوں نے غلبہ پالیا  
یوں ہوا کہ پھر مجھے تیسری کی اچھی لگی

آج پوچھا ہمتا سرے بارے، ترے دل کا خیال  
ایسے موقع پر تری یہ حاشی اچھی لگی

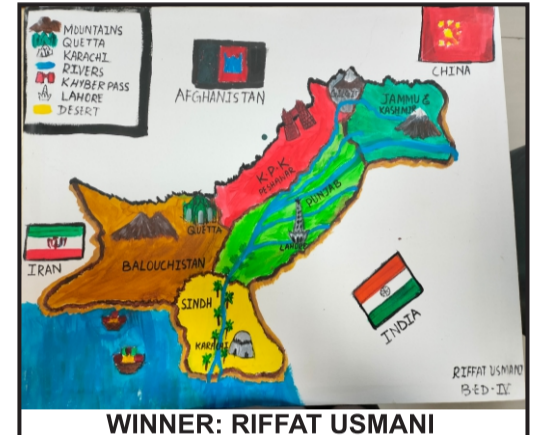
کتنے چہرے خوب دیکھے بزم میں لیکن مجھے  
اتنے خوش چہروں میں بھی وہ سانولی اچھی لگی

اس سے پہلے تو ہمیں شکوے ہزاروں تھے مگر  
آپ کی آمد پہ ہم کو زندگی اچھی لگی

حسیب قریشی

## ACHIEVEMENT CORNER

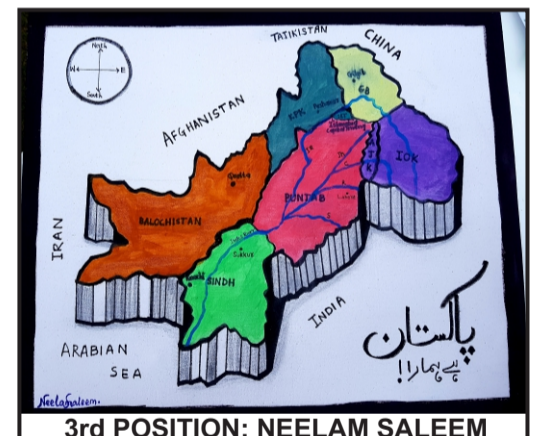
### WINNERS OF PAKISTAN POLITICAL MAP DRAWING AND PAINTING CONTEST



WINNER: RIFFAT USMANI



2nd POSITION: SAFINA ZIA



3rd POSITION: NEELAM SALEEM



## 4<sup>th</sup> International Conference on Computing, Mathematics & Engineering Technologies 2023

iCoMET 2023



March 17 - 18, 2023



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